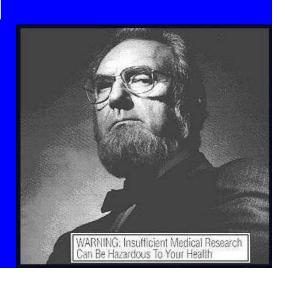
# Bioengineering and World Health

Lecture Thirteen

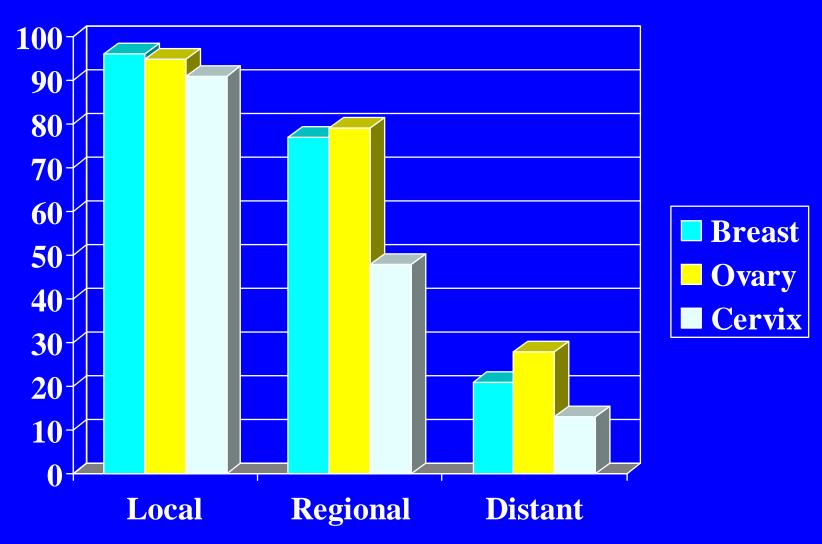


### Outline

- The burden of cancer
- How does cancer develop?
- Why is early detection so important?
- Strategies for early detection
- Example cancers/technologies
  - Cervical cancer
  - Ovarian cancer
  - Prostate cancer

## Importance of Early Detection

Five Year Relative Survival Rates



## Screening

- Use of simple tests in a healthy population
- Goal:
  - Identify individuals who have disease, but do not yet have symptoms
- Should be undertaken only when:
  - Effectiveness has been demonstrated
  - Resources are sufficient to cover target group
  - Facilities exist for confirming diagnoses
  - Facilities exist for treatment and follow-up
  - When disease prevalence is high enough to justify effort and costs of screening

# How do we judge efficacy of a screening test?

Sensitivity/Specificity
Positive/Negative Predictive Value

## Bioengineering and Cervical Cancer

### Statistics on cervical cancer

#### US data (2007)

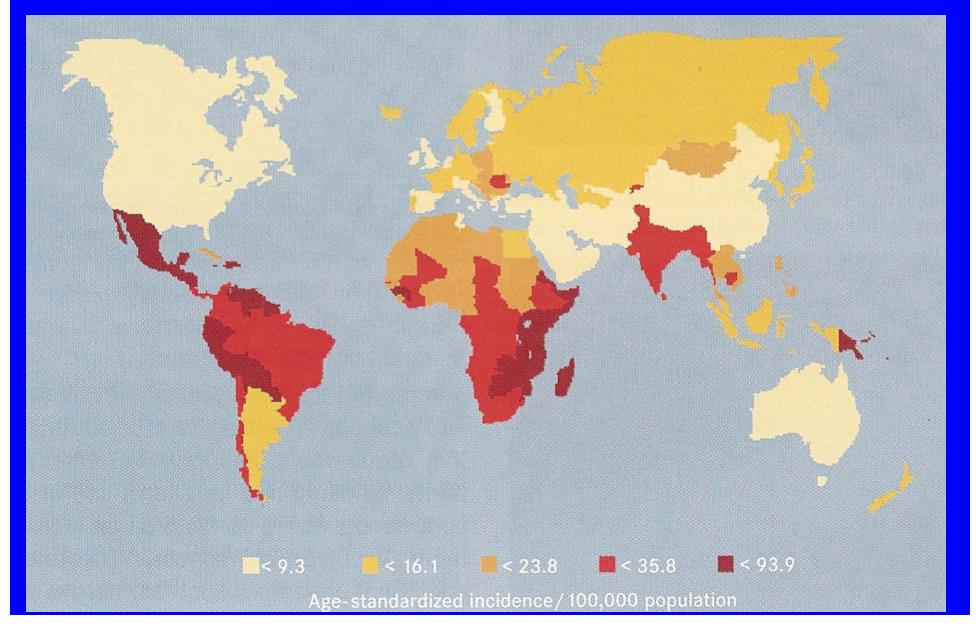
Incidence: 11,150

Mortality: 3,670

#### World data (2004)

- Incidence: 510,000 (80% developing world)
- Mortality
  - 288,000 deaths per year worldwide

## Global Burden of Cervical Cancer



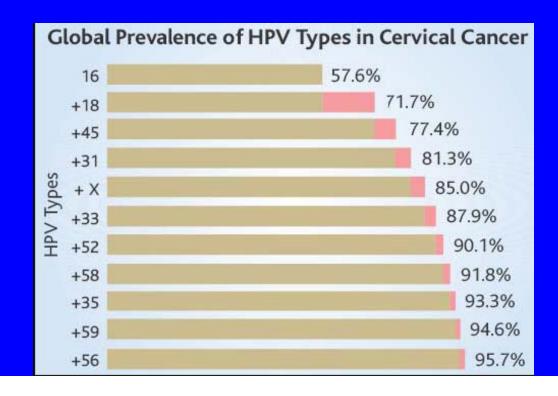
## Risk factors

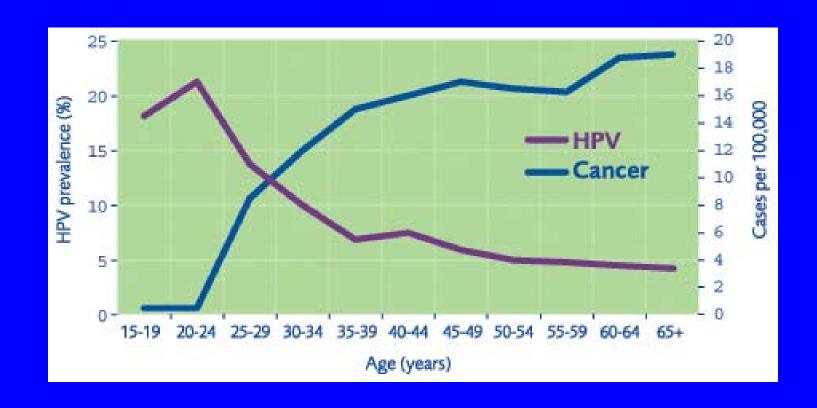
- HPV infection
  - HPV infection is the central causative factor in squamous cell carcinoma of the cervix
- Sexual behaviors
  - Sex at an early age
  - Multiple sexual partners
- Cigarette smoking

## Human papilloma virus (HPV)

- Most common STD
- >70 subtypes
- Asymptomatic infections in 5-40% of women of reproductive age
- HPV infections are transient

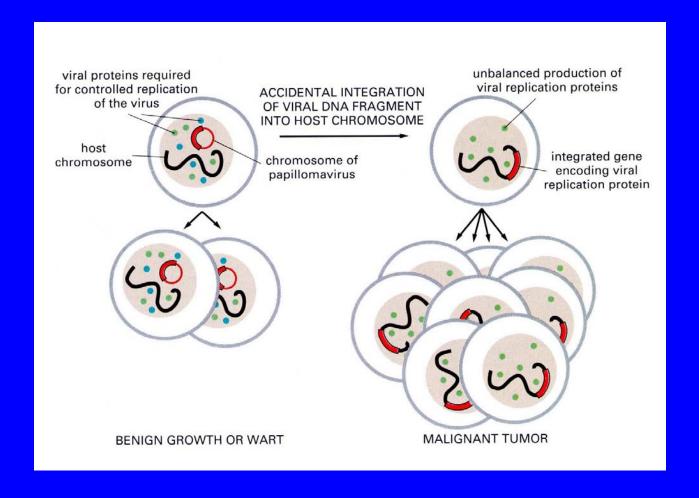




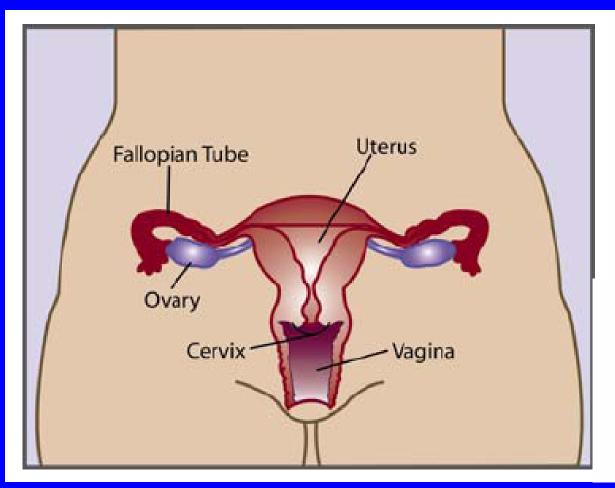


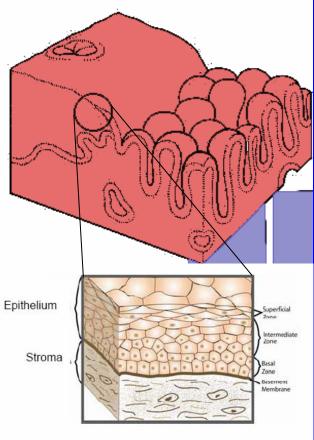
## HPV and cervical cancer

## What Initiates Transformation?

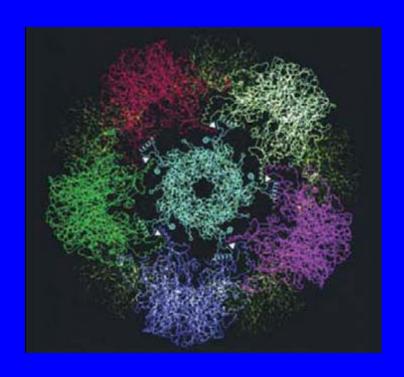


## Pathophysiology





## HPV vaccine



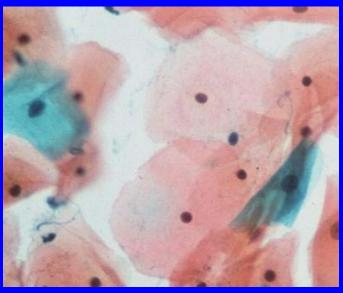
Virus-like particles (VLP) made from the L1 protein of HPV 16

- approved for use in girls and women aged 9 to 26 years in the US
- not effective to women already exposed to HPV
- Effective on 4 HPV isotypes
- Recombinant technology
- Alternative prevention technique to screening?

## How Do We Detect Early Cervical Cancer?

## Pap Smear







- 50,000-300,000 cells/per slide
- Cytotechnologists review slides (<100/day)</p>

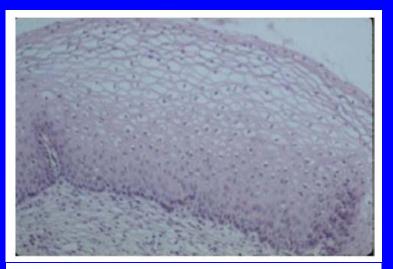
## Colposcopy and Biopsy

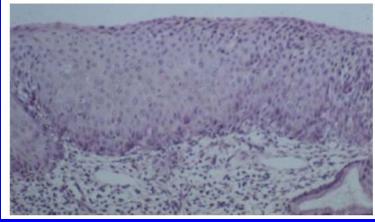






Se = 95% Sp = 44%





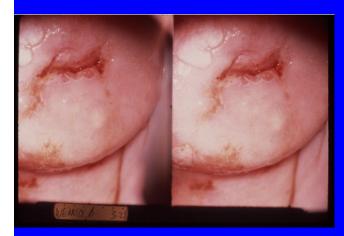
Biopsy sections

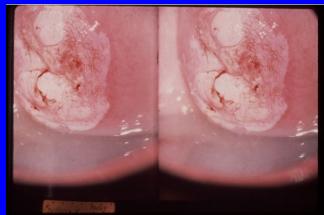
## Colposcopy and Treatment

CIN 1/LGSIL



**CIN 3/HGSIL** 







**Microinvasive CA** 

**Invasive CA** 

**Invasive CA** 







### **Detection and Treatment**

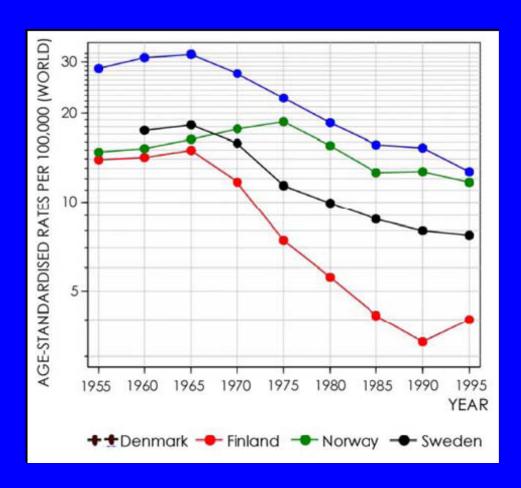
#### Screening:

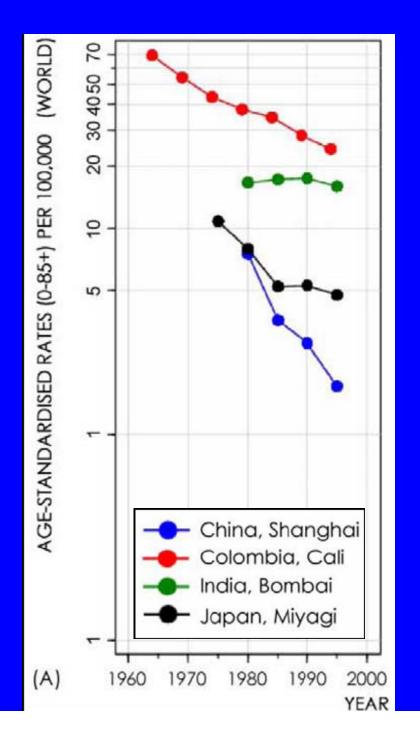
- Pap smear
- Diagnosis:
  - Colposcopy + biopsy
- Treatment:
  - Surgery, radiotherapy, chemotherapy
- 5 year survival
  - Localized disease: 92% (56% diagnosed at this stage)

## Screening Guidelines, ACS

- All women should begin cervical cancer screening about 3 years after they begin having vaginal intercourse, but no later than when they are 21 years old. Screening should be done every year with the regular Pap test or every 2 years using the newer liquid-based Pap test.
- Beginning at age 30, women who have had 3 normal Pap test results in a row may get screened every 2 to 3 years with either the conventional (regular) or liquidbased Pap test.
- Option for women over 30 is to get screened every 3 years with either the conventional or liquid-based Pap test, plus the HPV DNA test.

## Trends in Screening Cervical Cancer





## Challenge

- Developed and developing world
- Cost and infrastructure requirements for screening
- Need for appropriate technologies

## New Detection Technologies

#### Aims:

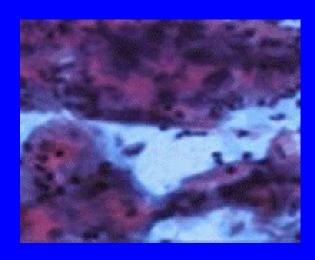
- Reduce the false positive and false negative rates
- Give instantaneous results
- Reduce the costs

## New Technologies for Cervical Cancer

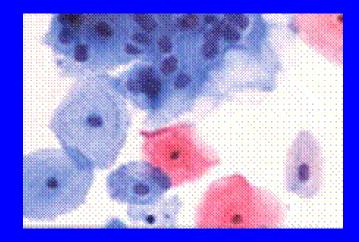
- Liquid Based Pap testing
- Automated Pap smear screening
- HPV Testing
- VIA
- HPV Vaccine

## Liquid Based Pap Smear

- Rinse collection device in preservative fluid
- Process suspension of cells to deposit a monolayer of cells on a microscope slide



**Conventional Pap** 



Liquid Based Pap

## Liquid Based Pap Smear

- Gentle dispersion breaks up blood, mucous, nondiagnostic debris, and mixes sample
- Negative pressure pulse draws fluid through filter to collect a thin, even layer of cells
- Monitor flow through filter during collection to prevent cells from being too scant or too dense
- Cells then transferred to a glass slide



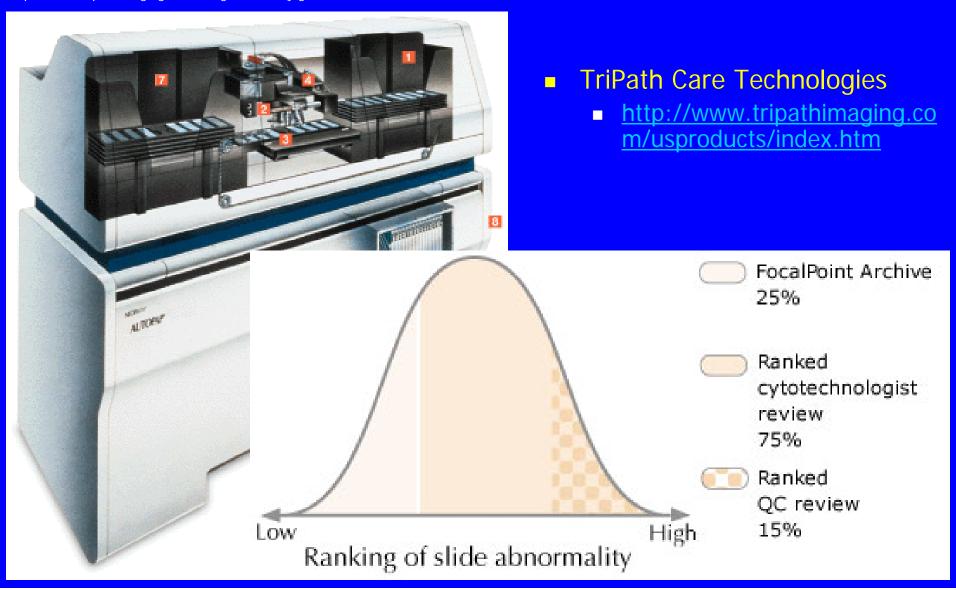






## Automated Pap Smear Screening

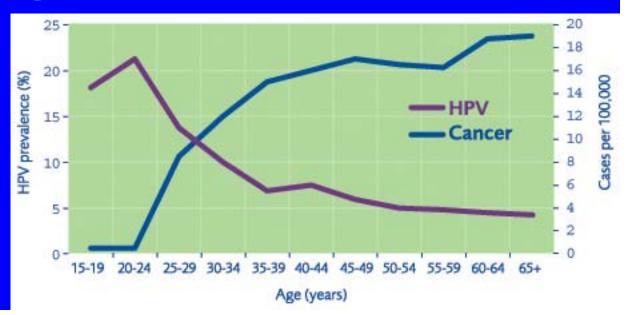
http://www.tripathimaging.com/images/cutaway.gif



## **HPV Testing**

- The DNAwithPap Test is FDA-approved for routine adjunctive screening with a Pap test for women age 30 and older.
- Digene
  - http://www.digene.com

http://www.digene.com/PapX YLC-5301-30%20VER%20X.mpq





#### 1. Release Nucleic Acids

Clinical specimens are combined with a base solution which disrupts the virus or bacteria and releases target DNA. No special specimen preparation is necessary.



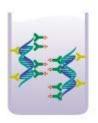
#### 2. Hybridize RNA Probe with Target DNA

Target DNA combines with specific RNA probes creating RNA: DNA hybrids.



#### 3. Capture Hybrids

Multiple RNA: DNA hybrids are captured onto a solid phase coated with universal capture anbtibodies specific for RNA: DNA hybrids.



#### 4. Label for Detection

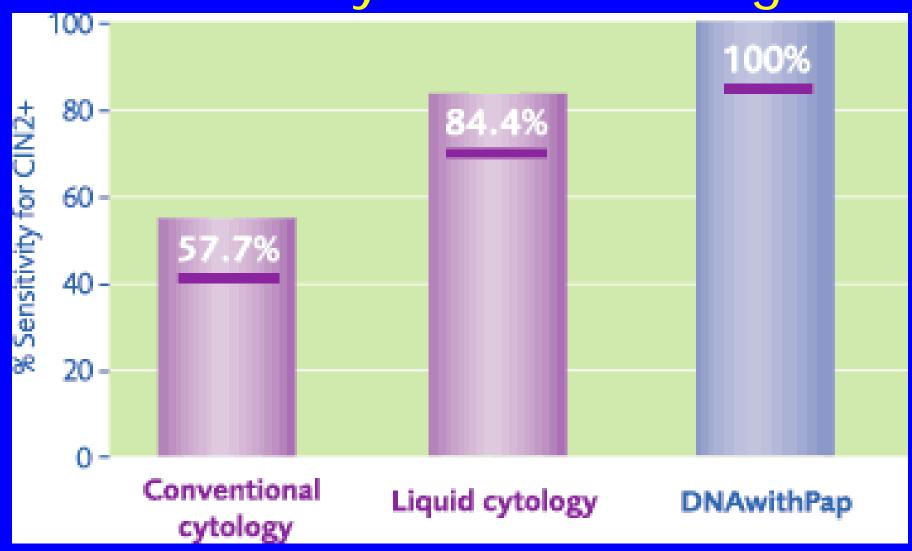
Captured RNA: DNA hybrids are detected with multiple antibodies conjugated to alkaline phosphatase. Resulting signal can be amplified to at least 3000-fold.



#### 5. Detect, Read and Interpret Results

The bound alkaline phosphatase is detected with a chemiluminescent dioxetane substrate. Upon cleavage by alkaline phosphatase, the substrate produces light that is measured on a luminometer in Relative Light Units (RLUs).

## Sensitivity of HPV Testing



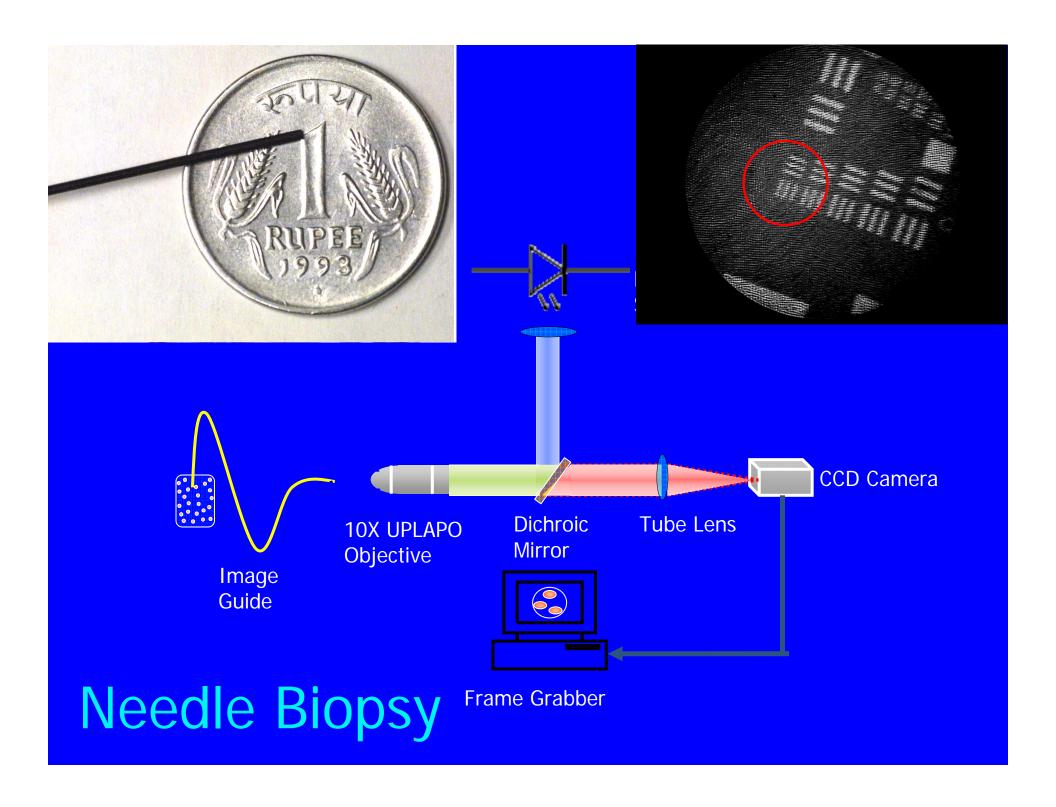
http://www.digene.com/images/s

## Comparison of Various Techniques

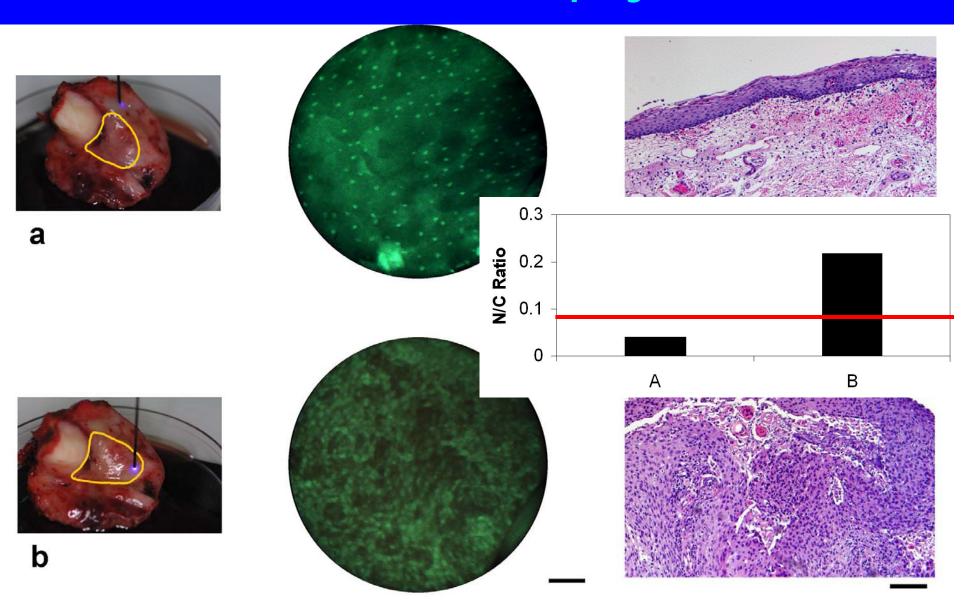
	Sensitivity	Specificity
Pap smear	60-80%	45-70%
Colposcopy	90-100%	20-50%
Digene HPV Test	80-90%	57-89%
VIA	67-79%	49-86%

## Costs

Pap Test	\$10-20
Liquid-based Pap	\$50
Automated Pap Smear Screening	\$20-60
HPV DNA test	\$90
HPV vaccine	\$360



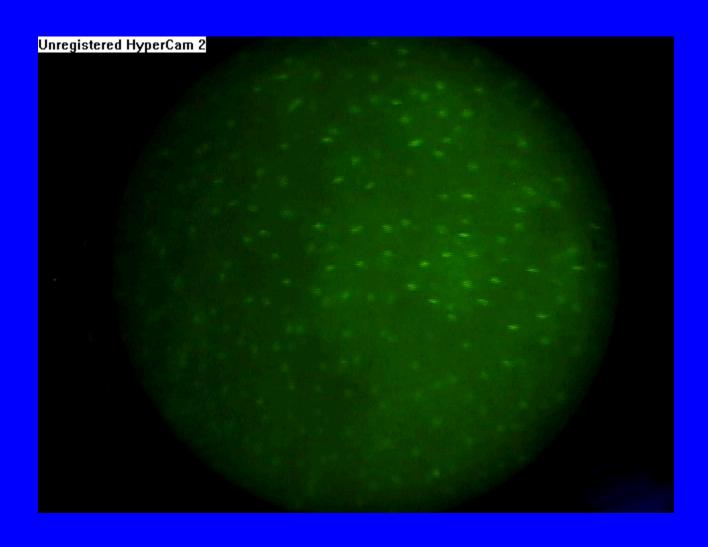
## Needle Biopsy







## Needle Biopsy



## Summary of Cancer

- The burden of cancer
  - Contrasts between developed/developing world
- How does cancer develop?
  - Cell transformation → Angiogenesis → Motility
    - → Microinvasion → Embolism → Extravasation
- Why is early detection so important?
  - Treat before cancer develops → Prevention
- Accuracy of screening/detection tests
  - Se, Sp, PPV, NPV

## Summary of Cervical Cancer

#### Cervical cancer

- 2<sup>nd</sup> Leading cause of cancer death in women in world
- Caused by infection with HPV
- Precancer → cancer sequence
- Precancer is very common

#### Screening & Detection

- Pap smear; colposcopy + biopsy
- Reduces incidence and mortality of cervical cancer
- Insufficient resources to screen in developing countries

#### New technologies

- Automated reading of Pap smears → reduce FN rate
- HPV testing
- VIA

## Global Inequities in Cancer Prevention