



# The Osteonexus: Actively Dynamized Fracture Healing

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## OBJECTIVE

Develop a device which promotes fracture healing via actively induced, controllable axial micromovements at the fracture site directly beneficial for:

- Patients who are unable to sufficiently amublate or load their bones
  - ▶ Elderly, traumatized, or paraplegic
  - ▶ Astronauts
- Patients in the general public desiring a quicker healing response

## INTRODUCTION

Fracture healing requires:

- Good fracture fixation
- Partial loading of fracture site

Partial axial loading:

- Through micromovements of 1 mm at 0.5 Hz have been shown to speed fracture healing by 27%<sup>1</sup>
- Stimulates callus formation
- Accelerates remodeling of osteocytes late in the healing phase<sup>2</sup>

The Osteonexus Active Dynamizer:

- Incorporates effective fixation
- Provides controlled micromovements to promote fracture healing
- Accommodates patients unable to load bones

## PROTOTYPE EVALUATION

Finite Element Analysis

- Stresses at fracture site modeled using ABAQUS™:
  - ▶ Active dynamization (1 mm displacement)
  - ▶ Static fixation (300 N load on tibia)
- Tibia in early stages of fracture healing (0-4 weeks) modeled using<sup>3</sup>:
  - ▶ Cortical shell elastic modulus, 17.4 GPa
  - ▶ Fracture site elastic modulus, 8.7 GPa
  - ▶ Bone Poisson's ratio, 0.39
- Fixator properties:
  - ▶ Steel elastic modulus, 210 GPa
  - ▶ Steel Poisson's ratio, 0.28
- All components modeled as isotropic materials.

Power Feedback:

- Springs of varying stiffness:
  - ▶ Used to induce mechanical resistance
  - ▶ Positioned between two components of Osteonexus
  - ▶ Calibrated using Instron 5565 system
- Voltage and current across motor measured using LabVIEW 7.1 and ELVIS data acquisition board
- Five seconds of data recorded for each spring

## THE OSTEONEXUS ACTIVE DYNAMIZER

The Osteonexus Active Dynamizer produces **healing-enhancing, axial micromovements** at the fracture site that simulate physiological loading.

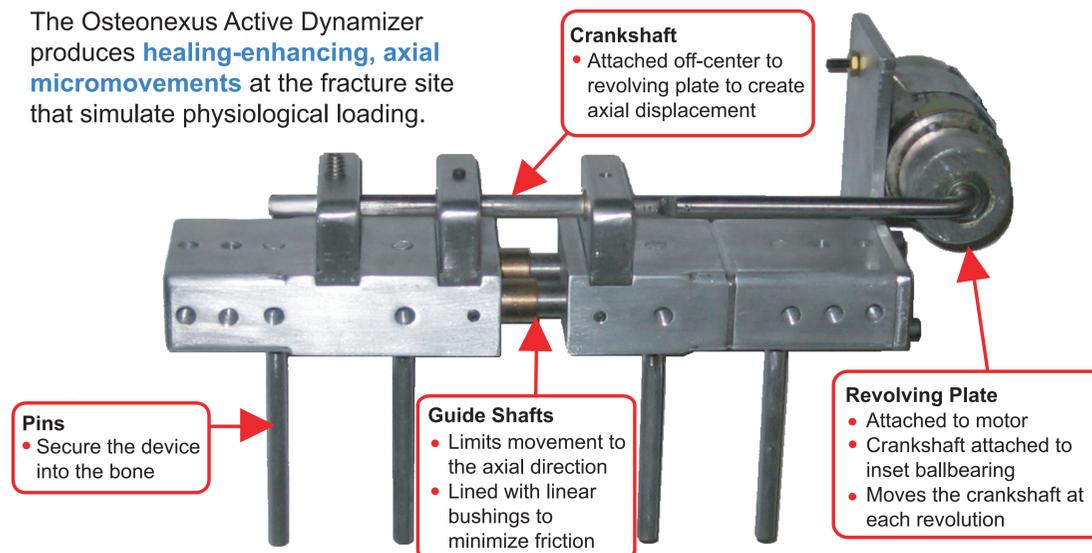
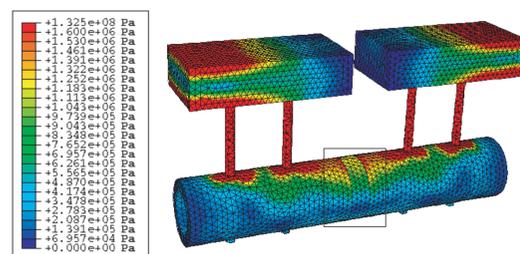


Figure 1. The Osteonexus prototype.

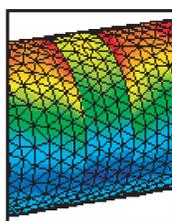
## FINITE ELEMENT ANALYSIS

a) Osteonexus Active Dynamization

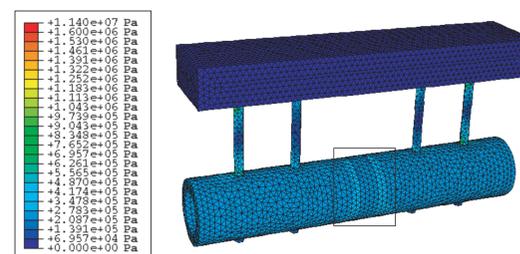


Fracture Site

Maximum stress at fracture site:  
1.3 MPa



b) Static Fixation



Fracture Site

Maximum stress at fracture site:  
0.3 MPa

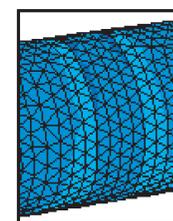


Figure 2. Stress distribution in tibia a) with active dynamization fracture fixation under 1 mm displacements. b) with static fracture fixation under weight bearing conditions of a 70 kg man.

- Stresses at fracture site are reduced under static fixation in comparison to active dynamization.
- Stresses on the order of magnitude of 1 MPa have been correlated to osteocyte differentiation and endochondral ossification<sup>4,5</sup>.

**The Osteonexus is expected to provide a faster healing response than current static fracture fixation methods.**

## POWER FEEDBACK

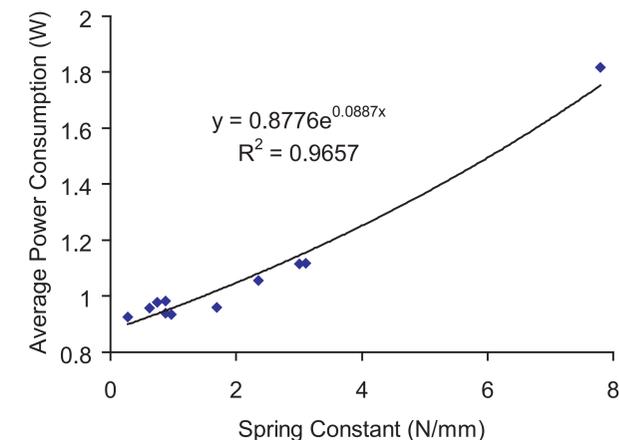


Figure 3. Average power consumption as a function of spring constant.

- The stiffer the spring, the more motor power is required to induce micromovement.
- The relationship between average power consumption and stiffness can be used as a standard curve.

**Motor power draw can be correlated to fracture site strength to monitor the healing process.**

## CONCLUSIONS

- The Osteonexus is a unique dynamizing external fixator that actively induces controllable micromovements.
- Finite element analysis demonstrates that the Osteonexus design produces therapeutic stresses at the fracture site that would reduce healing time.
- Power consumption of the device provides the physician with a diagnostic tool to monitor fracture healing process.

## REFERENCES

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